

Application for Admission

to

# ST. MICHAEL'S HOME



3 LEHMAN TERRACE  
YONKERS, NEW YORK 10705-3699  
TEL: 914-476-3374  
FAX: 914-476-1744

# APPLICATION FOR ADMISSION

## GENERAL INFORMATION

Name in Full				Date
Permanent Address				
Telephone	Citizen:	<input type="checkbox"/> US	<input type="checkbox"/> Greek	<input type="checkbox"/> Naturalized <input type="checkbox"/> Green Card <input type="checkbox"/> Other
Date of Birth	Birthplace			
Mother's Maiden Name			Father's Name	
Spouse's Name	Date of Death	Divorced		

## FAMILY INFORMATION

Children and their addresses and telephone				
1. Name		Email Address		
Address	City	State	Zip Code	
Home Phone No.	Business Phone No.	Cell Phone No.		
2. Name		Email Address		
Address	City	State	Zip Code	
Home Phone No.	Business Phone No.	Cell Phone No.		

## EMPLOYMENT INFORMATION

List any present and/or former occupations.

## PLACE OF RESIDENCE

Address and dates of legal residence during the past ten years		
Address of Residence	From	To

## HEALTH CARE INFORMATION

Does the applicant have any advance directives? Please check and provide photocopy with application.				
Health Care Proxy	<input type="checkbox"/> Yes <input type="checkbox"/> No	Do Not Resuscitate	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Medical POA	<input type="checkbox"/> Yes <input type="checkbox"/> No	Living Will	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Previous Housings	<input type="checkbox"/> Private House <input type="checkbox"/> Apartment <input type="checkbox"/> Condo <input type="checkbox"/> Co-op <input type="checkbox"/> Other, explain:			
Were home care services provided?	<input type="checkbox"/> Yes <input type="checkbox"/> No			

## POWER OF ATTORNEY

Do you have a person or firm with your general Power of Attorney? If so, give name, address, and provide a copy.

## BURIAL ARRANGEMENTS

Responsible Party Name	
Address	Telephone No.
Deeded Cemetery Plot Location	Burial Pre-Arrangement <input type="checkbox"/> Yes <input type="checkbox"/> No
Name of Funeral Home	
Address	
Telephone No.	
Please provide photocopy of cemetery deed and burial pre-arrangement.	

## BACKGROUND INFORMATION

Please provide a complete description of the applicant's level of functioning.

Does the applicant smoke?

Describe the applicant's daily routine prior to placement (i.e. eating, sleeping patterns, habits).

Discuss the applicant's past roles (i.e. life-long occupation, language, interests and skills).

Describe the applicant's family involvement and family relationships.

Describe the applicant's ability to communicate.

Describe the cognitive status of the applicant (i.e. alert, forgetful, confused, impaired judgement, poor short-term memory, etc.).

Describe the applicant's present social and behavioral functioning (i.e. sociable, passive, anxious, sad, gregarious, agitated, isolated, talkative, etc.) and indicate behavioral problems (i.e. wandering, agitation, combativeness).

Is the applicant taking any psychoactive medication currently or has he/she taken this type of medication in the past?

Has the applicant ever had a psychiatric hospitalization? If so, explain:

PERSONAL INFORMATION

Member of what church?

What provision for clothing, dentistry, eyeglasses, pin money, etc.

State of health, past and present

Name of Physician

Address

Telephone No.

Name and Address of Parish Priest

APPLICANT'S ASSETS

Life Insurance Policies

HEALTH INSURANCE INFORMATION

Social Security No.

Prescription Drug (Rx) Plan No.

Medicare No. (including suffix)

Medicaid No.

Medicare Supplemental Carrier

S.S.I. Recipient  Yes  No

Policy No.

Major Medical Carrier

Policy No.

LEVEL OF ACCOMMODATION REQUESTED (PLEASE CHECK ONE)

Private Room/Private Bathroom

Private Room/Shared Bathroom

Semi-Private Room/Shared Bathroom

Name of person completing application if other than applicant \_\_\_\_\_

Signature of Applicant

Date

# MEDICAL EVALUATION

(To be completed by applicant's physician)

## STATEMENT OF PURPOSE

Adult Residential Care Program provide 24 hour residential care settings for dependent adults. They are not medical facilities. Persons in need of constant medical care and supervision should not be admitted or retained in an adult residential care facility because such a facility lacks the staff and expertise to provide needed services. Persons who, by reason of age and/or physical and/or mental limitation, are in need of assistance with the basic activities of daily living can be cared for in adult residential care settings.

## SECTION 1: APPLICANT'S NAME

Name	Date of Birth: ____ / ____ / ____
Address	Sex: <input type="checkbox"/> M <input type="checkbox"/> F

## SECTION 2: MEDICAL HISTORY

PAST HISTORY:	PRESENT STATUS/SPECIAL DIET REQUIREMENTS:
LAST PPD TEST: ADMINISTERED ON: DATE READ: RESULT: CHEST X-RAY NEEDED: <input type="checkbox"/> YES <input type="checkbox"/> NO IF YES, DATE OF CHEST X-RAY: RESULT: MD SIGNATURE:	ALLERGIES TO: (List any known)      ___ NONE KNOWN  MEDICATIONS                                    ___ NONE  FOOD    ___ NONE  OTHER    ___ NONE  ACTIVITY RESTRICTIONS                      ___ NONE

### EXAMINATION FINDINGS:

Height:	Weight:	Blood Pressure:
Appearance:		Nutrition:
Head:	Hair:	Eyes:
Ears:	Nose:	Mouth:
Neck:	Chest:	Lungs:
Heart	Rate:	Rhythm:
	Sounds:	Murmurs:
Abdomen	Viscera:	Masses:
		Hernia:
Genital Organs:		Rectal & Urological:
		Continent:
Skeletal:		Mobility:
		Deformities:
Vascular:		Veins:
		Arteries:
Skin:		Tumors:
		Nodes:
Neurological	Tremors:	Paralyses:
		Other:

### SECTION 3: MEDICATION (TYPE, FREQUENCY AND DOSAGE)

LIST ALL CURRENT MEDICATIONS (PRESCRIPTION AND OTC) AND NOTE SPECIAL INSTRUCTION:

### SECTION 4: OBSERVATION OF INDIVIDUAL

IS INDIVIDUAL: (PLEASE CHECK EITHER YES OR NO)	YES	NO	DESCRIBE AS NEEDED
AMBULATORY?			
CAPABLE OF SELF-ADMINISTRATION OF MEDICATION?			
HABITUATED TO DRUGS?			
HABITUATED TO ALCOHOL?			
DANGER TO SELF OR OTHERS?			
FREE OF COMMUNICABLE DISEASE?			
INCONTINENT?			

### SECTION 5: EVALUATION

IN YOUR OPINION CAN THE INDIVIDUAL'S NEEDS BE MET BY THE SUPPORT SERVICES AVAILABLE IN AN ADULT CARE FACILITY?

YES     NO (PLEASE DESCRIBE)

DOES THE INDIVIDUAL HAVE A RELEVANT HISTORY, CURRENT CONDITION OR RECENT HOSPITALIZATION FOR MENTAL ILLNESS?

YES     NO (PLEASE DESCRIBE)

IF YES TO THE ABOVE QUESTION, DOES THE INDIVIDUAL REQUIRE A MENTAL HEALTH EVALUATION?

YES     NO

PHYSICIAN'S SIGNATURE	DATE OF EXAMINATION  ____ / ____ / ____	FORM COMPLETED  ____ / ____ / ____
PHYSICIAN'S NAME (PLEASE PRINT)	ADDRESS	PHONE NUMBER

**Directions**

In accordance with 18 NYCRR § 487.4(i), § 488.4(e)(3), and § 490.4(f), each mental health evaluation shall be a written and signed report, from a psychiatrist or other physician, physician assistant, psychologist, nurse practitioner, registered nurse, or social worker, licensed or certified and acting within their scope of practice, who has experience in the assessment and treatment of mental illness. This form must be completed prior to admission for any proposed adult care facility resident who has met established criteria (e.g., a positive pre-screen) for a mental health evaluation, or for whom the medical evaluation or resident interview suggests a psychiatric disability; for annual evaluations thereafter; and for any change in condition of a resident that would warrant such evaluation. No section of this document may be omitted or crossed out. Additional supporting documentation may be attached to this form on the professional's letterhead to clarify answers.

**I. IDENTIFYING DATA**

Individual's Name (Print): \_\_\_\_\_ Date of Birth (mm/dd/yyyy): \_\_\_\_\_  
Current Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

**II. SERIOUS MENTAL ILLNESS**

A person with serious mental illness (SMI) means an individual who meets criteria established by the Commissioner of Mental Health, which shall be persons: (1) who have a diagnosis of mental illness designated under the Diagnostic and Statistical Manual of Mental Disorders (excluding neurocognitive, substance use, and neurodevelopmental disorders); and (2) whose severity and duration of mental illness results in substantial functional disability. See guidance from the New York State Office of Mental Health (OMH) available at: [https://omh.ny.gov/omhweb/guidance/serious\\_mental\\_illness.html](https://omh.ny.gov/omhweb/guidance/serious_mental_illness.html).

**A. Diagnosis of Mental Illness**

1. Based upon your examination and/or review of available records, conducted within the scope of your professional practice, does this person have a diagnosis or diagnoses of mental illness designated under the Diagnostic and Statistical Manual of Mental Disorders?  Yes  No
2. If you answered "Yes" to Question A.1. above, list the diagnosis or diagnoses, indicate which data source(s) you used, and identify the records you reviewed:

**List of Diagnosis or Diagnoses:**

**Indicate which data source(s) you used:**

- a. Your examination  b. A review of records  c. Both your examination and a review of records

**Identify the records reviewed if you checked box 2b. or 2c. above:**

**B. Substantial Functional Disability**

1. During the five years preceding the date of this report, did the individual receive BOTH:
  - Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI) and
  - One or more services from a provider licensed by Office of Mental Health under Article 31 of the Mental Hygiene Law (excluding services that only include an intake visit)

Yes    No    Unknown
2. During the five years preceding the date of this report, did the individual receive any of the following?  
Any high-intensity Office of Mental Health ambulatory service: Health Home Plus, Home and Community Based (HCBS) Core Services, Assertive Community Treatment (ACT), Personalized Recovery Oriented Services (PROS), Prepaid Mental Health Plan (PMHP), or Partial Hospitalization.

Yes    No    Unknown
3. During the five years preceding the date of this report, did the individual have EITHER of the following?
  - One or more psychiatric hospitalizations for three or more days; or
  - Three or more psychiatric hospitalizations.

Yes    No    Unknown
4. At any point during the five years preceding the date of this report, was the individual hospitalized in an Office of Mental Health Psychiatric Center?

Yes    No    Unknown
5. At any point during the five years preceding this report, was the individual a resident in Office of Mental Health-funded housing for persons with mental illness?

Yes    No    Unknown
6. Does the individual have a current or expired Assisted Outpatient Treatment (AOT) order?

Yes    No    Unknown
7. Does the individual have any history of mental health treatment in a county or state correctional facility, or mental health treatment in an Office of Mental Health forensic hospital, including individuals under the custody of the Office of Mental Health Commissioner (330.20 status)?

Yes    No    Unknown



**III. CURRENT PSYCHIATRIC STATUS AND SUBSTANCE USE DISORDER TREATMENT**

Is the individual currently hospitalized?  Yes  No

**If yes**, please provide the following:

Name of facility: \_\_\_\_\_

Admission Date (mm/dd/yyyy): \_\_\_\_\_

Reason for Admission: \_\_\_\_\_

Clinical Course: \_\_\_\_\_

Describe any functional impairment \_\_\_\_\_

**If no**, name of facility and date of last in-patient psychiatric hospitalization (If applicable):

Name of facility: \_\_\_\_\_

Date of last in-patient psychiatric hospitalization (mm/dd/yyyy): \_\_\_\_\_

List primary psychiatric diagnosis first followed by remaining disorders in order of focus, attention, and treatment:

Primary Diagnosis: \_\_\_\_\_

Other Diagnosis:

Include onset of illness, in-patient and outpatient treatment, history of suicidal/homicidal behavior or ideation, violence, criminal activity, and substance use:

**IV. MENTAL STATUS EXAM**

Describe the individual in terms of the following characteristics:

Appearance: \_\_\_\_\_

Orientation: \_\_\_\_\_

Speech: \_\_\_\_\_

Affect: \_\_\_\_\_

Memory: \_\_\_\_\_

Intelligence: \_\_\_\_\_

Cognition: \_\_\_\_\_

Perception: \_\_\_\_\_

Suicidal/Homicidal (Ideation & Potential): \_\_\_\_\_

Judgment: \_\_\_\_\_

Insight: \_\_\_\_\_

Impulse Control: \_\_\_\_\_

**V. SUMMARY OF CURRENT MEDICATION REGIMEN AND ADHERENCE**

A. Describe current treatment plan and medication, including the individual's current adherence to medication, based on records reviewed:

B. Describe the frequency of treatment sessions such as therapy or counseling:

## VI. TYPE OF EVALUATION AND DETERMINATION

Based upon your evaluation and your review of the Office of Mental Health guidance found at [https://omh.ny.gov/omhweb/guidance/serious\\_mental\\_illness.html](https://omh.ny.gov/omhweb/guidance/serious_mental_illness.html), indicate your determination below. Residents identified as meeting the criteria for serious mental illness must be counted within an Adult Care Facility's Serious Mental Illness census.

**A. For preadmission evaluations, choose one of the following:**

- The individual does not meet the criteria for serious mental illness and admission discussion may continue.
- The individual meets the criteria for serious mental illness and admission requirements per Title 18 NYCRR Subchapter D - Adult-Care Facilities apply.

**B. For annual and resident change in condition evaluations, choose one of the following:**

- The individual does not meet the criteria for serious mental illness.
- The individual meets the criteria for serious mental illness.
- The individual's mental health needs cannot be appropriately met in an adult care facility at this time due to the following:

**VII. ATTESTATION BY PRACTITIONER**

I, the undersigned, attest to the fact that I have conducted a face-to-face examination of the above-mentioned individual on \_\_\_\_\_ (enter date of face-to-face examination) and that such face-to-face examination, if conducted for an annual evaluation or due to a change in condition, was conducted no more than 30 days prior to the date of this report, which is set forth below. I further attest that the contents of this report are true and accurate to the best of my knowledge.

Practitioner's Name (printed): \_\_\_\_\_

Practitioner's Signature: \_\_\_\_\_

Title: \_\_\_\_\_ NYS License #: \_\_\_\_\_

Employer: \_\_\_\_\_

Employment Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Date of Report (mm/dd/yyyy): \_\_\_\_\_

**VIII. ATTESTATION BY ADULT CARE FACILITY**

This section must be signed by the Adult Care Facility operator, approved administrator, or case manager. Residents identified as meeting the criteria for serious mental illness must be counted within an Adult Care Facility's Serious Mental Illness census.

I, the undersigned, attest that I have reviewed the information in Sections I through VII completed by the practitioner whose signature appears in Section VII above. If conducted for the purpose of a preadmission evaluation, I attest that the date of the face-to-face examination conducted by the practitioner whose signature appears in Section VII above occurred no more than 30 days prior to the resident's admission, which occurred on \_\_\_\_\_ (enter date on which resident was admitted).

If the examination was conducted for the purpose of a preadmission evaluation, I attest to my understanding that the practitioner has determined that (check one as applicable):

- The individual is a person with serious mental illness because the practitioner determined that the individual has both a diagnosis or diagnoses of mental illness and a substantial functional disability as a result of mental illness.
- The individual is not a person with serious mental illness because the practitioner did not determine that the individual has both a diagnosis or diagnoses of mental illness and a substantial functional disability as a result of mental illness.

Name (printed): \_\_\_\_\_ Signature: \_\_\_\_\_

Title: \_\_\_\_\_

Adult Care Facility: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Date Signed: \_\_\_\_\_ (mm/dd/yyyy)

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Tel 914-476-3374 Fax 914-476-1744 [www.stmichaelshome.org](http://www.stmichaelshome.org)

## **Additional Information Required**

Along with Medical and Mental Evaluations, which are included in the application packet, the following information will be needed to complete entry to St. Michael's Home:

- 1) Complete Medical History. (Medical conditions, allergies, medications, surgeries etc.)
- 2) Recent Lab Work. (CBC, CMP, Lipids, Hemoglobin A1c, TSH (Must be with-in 30 days)
- 3) PPD Test or QuantiFERON-TB Gold Blood Test for Tuberculosis. Please note if Positive for TB, Chest X-Ray results must be provided. (Must be with-in 30 days)
- 4) Electrocardiogram (EKG) Exam. (Must be with-in 30 days)
- 5) Activities of Daily Living (ADLs): Activities of daily living are activities related to personal care. They include bathing or showering, dressing, getting in and out of bed or a chair, walking, using the toilet, and eating.
- 6) If resident is coming from a Hospital, Nursing Home or Rehab, we will need a copy of the Physical Therapy Assessment or Patient Review Instrument. (PRI)

If you have any questions please contact us at 914-476-3374 or email us at [Administrator@stmichaelshome.org](mailto:Administrator@stmichaelshome.org)

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## **Admissions Requirement**

A letter from their parish priest should be included. The letter should indicate that the applicant is a Greek Orthodox Christian in good sacramental standing (not financially). If the applicant cannot provide such a letter, kindly indicate this in the application.

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## **OVERVIEW** (2024)

Saint Michael's Home is a *New York State – Department of Health* certified residential adult care facility under the aegis of the Greek Orthodox Archdiocese of America. The Home is housed in a three-level brick structure which complies with the strict regulations of the local Building Department and the stringent requirements of the New York State Department of Health.

Overall, the programs and services of St. Michael's are specifically designed for those individuals who may have decreased powers of mobility and/or mental faculties (i.e., dementia & Alzheimer's). While not certified as such, the Home does offer a high level of "assisted living" in a Greek Orthodox environment and the staff assists those who need help with certain duties such as bathing, dressing, etc. At all times, every effort is made to maintain the physical and intellectual integrity of the residents, while encouraging them to preserve their independence and dignity.

Located in a bucolic residential neighborhood of Yonkers (a city boarding New York City to the North), the facility encompasses: furnished private and semi-private bedrooms; a beautiful dining room; a magnificent chapel where church services are conducted; a modern medical facility; a large recreation hall; an airy T.V. room; a fully equipped beauty salon; a resplendent patio and garden where the residents can enjoy the outdoors and other accommodations needed for the quality care of its residents.

Because of its classification as an "adult home," St. Michael's is not permitted to accept nor keep any resident who is not ambulatory, or who may require continuous medical or skilled nursing care. The Home is visited weekly by geriatric specialists and other medical technicians, and also has on duty at all times, personnel certified in first aid. Our technicians oversee distribution of all medications, and also monitor the general health of our residents.

St. Michael's is located in close proximity to several hospitals and other medical facilities for any residents in need of emergency care.

### **ACTIVITIES PROGRAM:**

The Home offers a wide variety of activities for the benefit of the residents. Overall, this program, which is overseen by a full-time recreation coordinator' is geared to stimulate the resident both physically and intellectually to impede the aging process. It includes: arts and crafts, exercise, cooking, sewing, reading, bingo, etc. We also have volunteers spending time with our residents, visits from local Philoptochos chapters, and other groups as well.

### **ADMISSION:**

As stated elsewhere, the strict regulations of the Department of Health mandate that all residents must be ambulatory and not require continuous skilled nursing care. While the Home is able to care for individuals who may suffer from Alzheimer's and dementia, another impediment to admission is behavior which is disruptive or violent and may compromise the safety of the individual or others. The admission process involves the completion of an application, and a medical evaluation from the applicant's physician. Once these documents have been received, an appointment will be scheduled for the applicant with the facility's physician who, after an examination, will indicate whether or not the applicant is appropriate for this type of facility.

If the resident is a Greek Orthodox Christian and we would please ask that a letter be submitted from a parish priest. It is not necessary for the candidate for admission to be Greek Orthodox or a member of a parish (i.e., someone meeting either the dues or stewardship requirement) but simply a member in good standing of the Orthodox Church.

### **ACCOMMODATIONS:**

A non-profit institution, the Home does not receive funding from any governmental agency or from the Archdiocese. To meet its operating budget, St. Michael's depends on two sources of income to meet its obligations. The first source is the boarding fees and the second is donations (which enable us to keep our fees at a very reasonable rate). At no time is the resident asked to turn his/her assets over to the Home, but rather on the first of every month the resident (or their representative) submits the monthly boarding fee established by the level of accommodation selected upon admission (based on their ability to meet the respective boarding fee):

Private Bedroom with private bath: \$4,500

Private Bedroom with use of communal bathrooms: \$3,200-\$3,500

Semi-Private Bedroom with use of communal bathrooms: \$2,600



Every resident is provided with a single bed, freestanding closet, dresser and nightstand as well as all linens and towels. Common areas of the Home are open for use by all residents. Also included in the above fees are all services related to "Room and Board," i.e., daily housekeeping and laundry, three daily meals and two snacks, etc. The boarding fee does not include additional charges that may result from items such as medications not covered by insurances, or "extra" services such as a visit to the beauty salon.

For those residents requiring assistance with their daily routine above and beyond that usually provided by the Home, it may be necessary for the family to supplement the above boarding fee with an additional fee to cover the cost of this additional care. This will be determined on a case-by-case basis by the Director and the family.

Individuals unable to meet the private boarding fee may be eligible for Supplemental Security Income (SSI) from the Social Security Administration or the New York State Supplement Program (SSP). No one will be denied consideration for admission because of the inability to pay, and each case will be reviewed on an individual basis. We trust that the family of any applicant appreciates this accommodation and will not take advantage of the Home's magnanimous philanthropy, but will assist us to meet our expenses.

On occasion, time may take its toll on the overall condition of a resident and it may be necessary to transfer that individual to a Nursing Home. Before doing so, the Home (or one of the physicians serving the residents) will communicate that need to the family. At that time, either St. Michael's will make the necessary arrangements to have the resident transferred to one of the local nursing homes which offer quality care, or the family may transfer the resident to a facility of their own choosing.

Since its establishment, St. Michael's Home has offered care and comfort, both physical and spiritual, to hundreds of women and men of the Greek Orthodox community. Truly, it is a unique facility offering quality care in a loving environment where our residents are viewed as family members. The residents are accorded not only the appropriate care they need, but also the respect and love of the entire staff. One visit to the Home makes this reality very apparent to any and all visitors!

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## Often-Asked Questions about St. Michael's Home

### *1. How many residents are there?*

The capacity of St. Michael's is 60 residents and for a number of years the Home has been operating at between 50% - 70% occupancy. While the majority of our residents are from New York, Connecticut and New Jersey, more and more individuals have been admitted from other states outside the tri-state area (because of the unique environment which the Home offers). Many residents have families but there are also a number of individuals who either never married or whose children have passed away. While in the past most residents were first generation Greek-Americans (i.e., those residents of Greek extraction who had immigrated to the U.S.), there are a growing number of American born residents of Greek extraction. **(According to the constitution of the Home, all residents must be Greek Orthodox.)**

### *2. What kind of staffing does the Home have?*

The Home is staffed 24 hours a day, seven days a week. The staff consists of the Director, Administrator, Operations Manager/Accountant, Case Manager, Development Officer, Recreation Coordinator, Greek Chef, Assistant Chef and Maintenance Porter. Then there are Health Aides who are responsible for overseeing the health of the residents as well as distributing their medications. In addition, there are Resident Aides who help the residents bathe and dress and also handle the daily cleaning of the rooms, laundry, serving of meals, etc.

### *3. What kind of activities program does St. Michael's have?*

We have a varied program of activities which not only entertains the residents but is also therapeutic. Our Recreation Coordinator oversees a full program of activities which include: arts/crafts, games, gardening, baking, bingo and exercise. Our mini-bus is used to transport the residents to the mall, plays, museums, parks and other venues outside of the Home.

During good weather, our residents are encouraged to enjoy our beautiful fountain garden, and the two outdoor patios which are used for activities such as horse shoes, shuffle board, etc. Important parts of the program are the group visitations to the facility by Philoptochos chapters, youth groups, societies and other organizations from the greater Greek community. In 2019, well over 1,000 people visit this institution.

#### ***4. How much does it cost to live at St. Michael's?***

The cost of living at the Home depends on the type of accommodation requested upon admission. There are three types of rooms: a private bedroom with private bathroom (\$4,500 a month); a private bedroom with use of communal bathrooms in the hallway (\$3,200 - \$3,600 a month); and, semi-private bedrooms with use of communal bathrooms in the hallway (\$2,600 a month). The resident pays the appropriate boarding fee the first of each month and the cost includes room and board, all daily housekeeping & laundry services as well as assistance with daily routine (bathing, dressing, etc.).

#### ***5. What happens if an applicant cannot afford to pay?***

**NO** applicant has been denied admission because they were unable to pay the boarding fee. As a philanthropic institution, St. Michael's has a sacred obligation to accept an individual regardless of their ability to pay. If they meet the criteria established by the Department of Health for admission, they are accepted, and may qualify for S.S.I. (Supplementary Security Income) or S.S.P. (State Supplement Program). For example, in 2024 if a person has no assets and receives a Social Security check for \$800, they may apply for S.S.I. or S.S.P. If approved they will receive an additional amount of \$860, for a total of \$1,660. Please note this amount is set by NYS. As mandated by the State, the resident receives \$272 as their personal spending money. The Home will receive the balance of \$1,388 (rather than the usual boarding fee of \$2,600). Needless to say, the Home relies heavily on contributions to cover the cost of housing these individuals.

#### ***6. How much does it cost to run St. Michael's?***

In 2023, our expenses related to the care of the elderly were approximately \$1.6 million. Of this amount, about \$800,000 came from the boarding fees which the elderly were able to pay, while the balance was covered by donations. You can imagine how different life would be at the Home without these contributions, especially since St. Michael's does not receive any subsidies from outside sources such as governmental agencies or the Archdiocese.

#### ***7. What is the level of care which the Home can offer?***

St. Michael's current certification from the State is that of a residential "adult Home." While not licensed as such, the Home does offer "assisted living." The primary criteria for admission in an "adult home" is that the individual must be able to ambulate (even with a walker/cane) by his/herself, i.e., cannot be permanently confined to bed or a wheelchair. In many cases, the staff also offers residents assistance with bathing, dressing, 24-hour supervision (a number of them have some degree of dementia) and toileting (a number of residents suffer from incontinence). The Home cannot accept or keep individuals who cannot ambulate on their own or who need chronic nursing care.

During the course of a year, residents unfortunately have to be transferred to nursing homes because their declining health requires more care than the Home is licensed to offer and for this reason St. Michael's is seeking to expand the facility into a continuum care facility. The Home could then offer a higher level of care thus retaining many of those who eventually have to be transferred and will be able to also accept others who do not meet the present criteria for admission.

***8. How many facilities in the United States are there like St. Michael's?***

St. Michael's is the **ONLY** institution of its kind in the entire United States and it provides the elderly with services above and beyond those mandated by the government. Licensed and inspected by the New York State Department of Health, the Home offers a unique environment where all residents are Greek Orthodox and they are afforded the opportunity to continue to practice their traditions and customs as well as to worship on a regular basis. In addition to two geriatric specialists, a podiatrist, two psychologists and a psychiatrist who all make weekly visitations, there are also a dermatologist, optometrist and audiologist who visit on a regular basis. A certified nutritionist monthly reviews the diet of the residents and the menu of the Home and arrangements have been made with the within the facility.

***9. What does the application process entail?***

The application process is very simple. It entails completing an application and submitting two current photographs as well as a report from the applicant's physician regarding his/her state of health. Once these documents have been received, if there is a vacancy, an appointment will be made for the applicant with one of the Home's physicians. After this examination, the doctor will indicate whether or not the applicant is appropriate for placement in the facility. Contingent on this approval, an admission date will be set within 30 days. If there is no vacancy, the applicant's name will be placed on our waiting list once we have received **ALL** of the documentation.